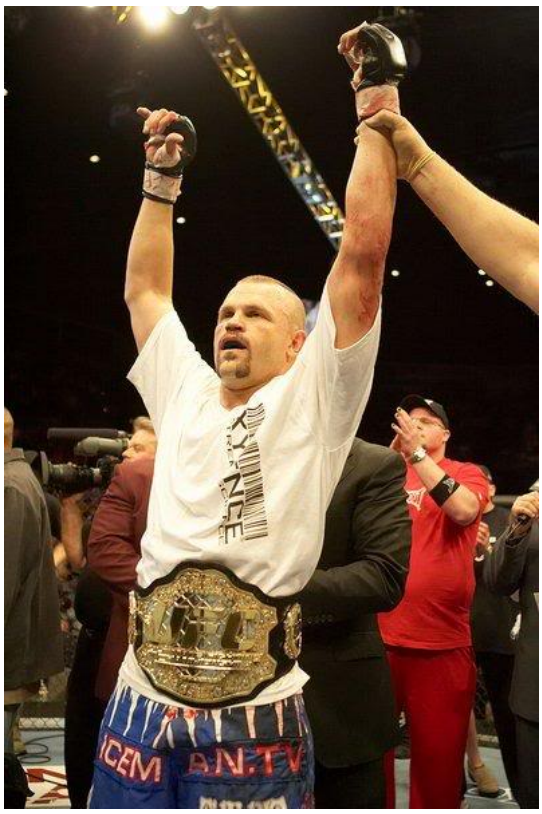
With some time between big fights, I've asked Swerbs Blurbs boxing analyst Scott Swerbinsky to write some mixed martial art fighting stuff for us, and he was happy to oblige. Basically, anything involving people beating the shit out of each other is of immense interest to my cuz. Here's his top ten pound for pound in the UFC.



1) Chuck “The Iceman” Liddell Light Heavyweight Champion (185lbs-205lbs)

The face of the UFC and MMA. He has taken on all comers and his standup game is the best in the business. He is fearless and is a world-class wrestler. Currently recovering from toe surgery but looks to fight #1 contender Renato “Babalu” Sobral.

2) Matt Hughes Welterweight Champion (155lbs-170lbs)

The most dominant Welterweight champ in UFC history. Another superstar who will fight anyone at anytime. His takedowns and wrestling is unmatched. Trains as if he is an up and comer and career rides on it. Showdown on May 27th with MMA and UFC legend Royce Gracie.

3) Rich “Ace” Frankin - Middleweight Champion (170lbs- 185lbs)

The most upside of all fighters in the UFC. This guy gets better and better every single fight. He has made top guys look like rookies in his last few fights. Top notch standup and grappling. His wrestling has yet to be tested due to his striking

ability. This guy trains like a madman and it sure does show in the Octagon. Recovering from a broken hand suffered in his pounding of David “the Crow” Loiseau.

4) Andre Arlovski - Heavyweight (205lbs-265lbs)

A physical freak. Just lost his heavyweight title to Tim Sylvia (see #5) His striking and athleticism is scary for a guy his size. His ground game is also top notch. Submission defense seems to be his only weakness. Rubber match with Sylvia will determine real king of the big boys.

5) Tim “the Maine-iac” Sylvia - Heavyweight Champion

Just beat Arlovski by KO to regain title. His striking and standup are unreal for a huge guy. His chin is suspect and Arlovski rocked him early in both fights. His heart is as big as his body. Only weakness I have seen is submissions.

6) George “Rush” St Pierre #1 Contender Welterweight Division

Looks to get rematch with Hughes soon. Lost in a very good fight at UFC 50 by armbar with 1 second left in the round. Hasn’t lost in 4 fights since. Another physical freak. All around game is top of the food chain. One of the best fighters to watch do to his all around game.

7) Renato “Babalu” Sobral #1 Contender Light Heavyweight Division

Another superstar looking to win a rematch. Lost to Check Liddell on a perfect leg kick to the head at UFC 40. Will get his chance soon after Liddell returns from injury. Submissions and ground game are the best in the division. He is a very improved striker. Rematch will be a must see. Won last 3 UFC fights since KO by Chuck.

8)Tito “Huntington Beach Bad Boy” Ortiz - Light Heavyweight

My favorite fighter. His cardio is unmatched. His wrestling is awesome. Heart of a champion. Chin is suspect at times. Has been away from the UFC too long but is back. Just won a great fight with Forrest Griffin at UFC 59. Will be looking to climb up the ladder he used to be king of. Set to fight Ken Shamrock in a rematch in July.

9) Joe “Diesel” Riggs - Middleweight

This guy has fought all comers and has fought at 3 different weight classes. One of the most feared strikers in the business. His training looks to have gotten much better and mentally is always ready to fight. Fighting up and comer Mike Swick at UFC 60.

10) BJ “The Prodigy” Penn - Middleweight

Another former champ who recently came back to the UFC. Lost a close fight to #6 fighter George St Pierre. Has beaten Matt Hughes. His conditioning is great and take down defense is superb. Hopefully he sticks around for a while to get rematch with both Hughes and St Pierre.